

2010 NJ All-State Wrestling Day Camp

-APPLICATION FORM-

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Home Telephone # \_\_\_\_\_

Day Telephone # \_\_\_\_\_

Email: \_\_\_\_\_

Grade in 2009-10: \_\_\_\_\_ Age: \_\_\_\_\_

Weight: \_\_\_\_\_ Shirt Size: \_\_\_\_\_

*Please Check Applicable Camp Rates*

Individual Wrestler (\$220) \_\_\_\_\_

Team Wrestler Discount(\$200) \_\_\_\_\_

\*Team \_\_\_\_\_

I hereby authorize the agents of New Jersey All-State Wrestling Camp to act for me according to his/her best judgment in any emergency requiring medical attention. I hereby release and discharge the Clark Public Schools, camp staff, affiliated entities and their officers, employees from and against any and all liability or causes of actions arising out of or in connection with my or my child's participation in camp.

\_\_\_\_\_  
Parent/Guardian Signature

Please Make Checks Payable to:

NJ All-State Wrestling Camps

Mail Application and Check to:

New Jersey All-State Wrestling Camps

11 Colin Kelly Street

Cranford, NJ 07016



**2010  
NEW JERSEY  
ALL-STATE  
WRESTLING  
DAY CAMP**



**JUNE 28-JULY 1**

**Arthur L. Johnson  
High School**

**365 Westfield Avenue  
Clark, NJ 07066**

**New Jersey All-State Wrestling Camps  
11 Colin Kelly Street  
Cranford, NJ 07016**

**www.njallstatewrestlingcamps.com**

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## WRESTLING THE ALL-STATE WAY

The NJ All-State Wrestling Camp is designed for wrestlers of all ages and experiences. Participating wrestlers will improve their fundamental skills, learn new technique, and engage in live wrestling. Age appropriate wrestlers will also be instructed in strength and conditioning techniques specific to the sport of wrestling. Camp time will also be devoted to general recreational activities to maintain an enjoyable summer camp atmosphere. Wrestlers will also receive individualized attention regarding technique mastery through periodic evaluations that will be sent home to interested parents.

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### Camp Directors

**ERIC SWICK**, Head Coach, Johnson H.S.

- Coach at Edge School of Wrestling
- 4x NJ State Place-Winner, State Finalist
- High School All-American, Harvard University

**RICK ORTEGA**, Assistant Coach, Johnson H.S.

- 04-06 Assistant Coach Middlesex County College
- 98-00 Assistant Coach Cumberland University
- NJ State Champ

**FRED STUEBER**, Head Coach, Rahway H.S.

- State Coach of the Year 1993
- 4x Region 3 Coach of the Year
- 6x District 10 Coach of the Year

**DANNY GARAY**, Assistant Coach, Rahway H.S.

- NJ State Champ
- High School All-American
- Hofstra University Varsity Wrestling/Football

## Featured Guest Clinicians

### DARRION CALDWELL

- 3x NJ State Champ
- 2009 NCAA Champion (NC State)
- 2008 NCAA All-American (NC State)

### ANTONIO GARAY

- 2x NCAA All-American (Boston College)
- Current Pro NFL Football Player

### ERNIE MONACO

- Coach at Edge School of Wrestling
- 64 State Champions, 31 NCAA All-Americans

### DAVE ESPOSITO

- Coach at Edge School of Wrestling
- 2x NCAA All-American (Lehigh)

### ZACH TANELLI

- NCAA All-American(Wisconsin)
- Assistant Coach Hofstra University

### NIK FEKETE

- U.S. World Team Member(Michigan State)

### DONNIE DEFILLIPIS

- NJ State Champ, 2x State Finalist(George Mason)

### RYAN WILSON

- NJ State Champ(Columbia)

### MEDICAL

A certified trainer will be on site at all camp sessions. Medical facilities are available nearby in case of emergencies.

## CAMP SCHEDULE

9:00-10:00: Warm-Up Games/Stretching

10:00-12:00: Wrestling Instruction

12:00-1:30: Lunch/Recreation Games

\*Lunch will NOT be provided

1:30-3:00: Wrestling Instruction/Matches/Games

### AGES

All Ages Accepted and Encouraged(K-12)

### FEES

**Individual Wrestler:** \$220

**Team Wrestler Discount:** \$200

-For teams of 10 or more wrestlers(\$20 discount)

**\* FEES INCLUDE A CAMP T-SHIRT**

### CANCELLATION POLICY

All requests for cancellations must be made in writing to the mailing address in the application. All monies paid, minus a \$75 administration fee, will be refunded provided the written request is made two weeks prior to the first day of camp. No refunds will be provided for cancellation made within two weeks of the first day of camp.

### EQUIPMENT

All wrestlers are expected to bring workout clothing, headgear, and wrestling shoes. Tennis shoes should be worn to the facilities and a water-bottle and lunch should be brought on a daily basis.